

Simeng Wang

New York, NY | simengwang.art@gmail.com | www.simengwang.com

Compassionate and versatile Creative Arts Therapist eligible for a Limited Permit, providing a strong foundation in working with diverse age groups from young children to older adults. Demonstrates proficiency in individual and group therapy settings, utilizing trauma-informed, strength-based, and evidence-based practices with a firm commitment to cultural inclusivity. Proficient in therapeutic modalities such as CBT, DBT, and family systems, adept at guiding clients through addiction recovery and adjusting therapeutic approaches to accommodate physical disabilities and mental health challenges.

PROFESSIONAL EXPERIENCES

The Bridge | Art Therapy Intern | New York, NY | 2022 - 2023

- Facilitated art therapy groups at Personalized Recovery-Oriented Services (PROS) and Office of Addiction Services and Supports (OASAS), outpatient programs for individuals with severe mental health issues and substance use disorders, resulting in improved patient wellbeing and recovery.
- Conducted individual art therapy sessions for clients with co-occurring conditions, contributing to more personalized, effective treatment plans.
- Collaborated on treatment planning with the therapy team, under the supervision of an art therapist.

NYU Langone Hospital Brooklyn | Art Therapy Intern | New York, NY | 2021 - 2022

- Collaborated with a team of creative arts therapists to deliver immediate and intensive mental healthcare to acute inpatient psychiatry unit patients, contributing to rapid stabilization and recovery.
- Undertook comprehensive psychosocial assessments, individual and group psychotherapy, treatment planning, and discharge planning, under a board-certified art therapist's supervision.

School of Visual Arts, Art Therapy Special Projects | Participant | Virtual | 2020 - 2021

School of Visual Arts Art Therapy Special Projects are short-term art therapy projects for nonprofit community organizations facilitated by art therapy students under the supervision of a board-certified art therapist.

- Project 1 Red Door Community: co-facilitated sessions to support cancer patients in New York City, enhancing their emotional resilience and coping strategies.
- Project 2 LGBT House Riga: co-facilitated workshops providing mental health services for youth members of the first and only LGBT human rights organization in Latvia, promoting a safe and inclusive community.
- Project 3 NEW for Women: co-facilitated sessions with the organization that provides career support for low-income women in non-traditional employment in NYC, empowering them with skills and confidence.

St. Margaret's House | Art Teacher | New York, NY | 2019 - 2020

- Conducted art classes for a mixed group of elderly residents, providing special assistance to those with physical or cognitive impairments such as hand tremors and dementia, resulting in enhanced participant engagement and well-being.
- Collaborated on curriculum development with the senior art teacher and organized city-wide art shows that celebrated the creativity and skills of the students.

Meiyu International Art Studio | Art Assistant | Shenzhen, China | 2014 - 2020

- Assisted in art classes for diverse groups of children and teenagers aged 5-18, with class sizes ranging from one-on-one sessions to large groups of up to 30 students.
- Adapted teaching methods to meet variable class durations and unique learning needs, enhancing student understanding and participation.
- Acquired valuable experience supporting students with physical disabilities, autism, and mental health challenges, demonstrating adaptable and empathetic teaching methods.

EDUCATION

School of Visual Arts | New York, NY | 2020 - 2023

Master of Professional Studies (MPS), Art Therapy.

Rhode Island School of Design | Providence, RI | 2014 - 2019

Bachelor of Fine Arts (BFA), Painting. Concentration: Literary Arts and Studies.

Honors Student (2019).

SKILLS AND INTERESTS

Art | Expertise in painting, drawing, collage, mixed media (2D and 3D), doll and jewelry making, and ceramics.

Language | Mandarin Chinese (Native proficiency). English (Professional proficiency). Cantonese (Listening comprehension; limited speaking proficiency).

Technical Skills | Proficient in teletherapy platforms, clinical software, Microsoft Office Suite platforms, Adobe Creative Suite platforms, as well as photo, audio, and video editing.

Writing | Experience in creative writing with a focus on poetry, prose, and short fiction.

Photography | Skilled in using digital SLR and DSLR cameras, 35mm film cameras, and darkroom printing.

Dance | Extensive experience in both professional and recreational dance across various styles.